



# British Gymnastics Disability Trampoline Competition Structure 2015/16

# British Gymnastics Disability Trampoline Competition Structure 2015/2016

*In order to be eligible for disability competition, all competitors must have completed and submitted a Disability Gymnastics Classification Certificate. The Disability Gymnastics Classification Certificate lists all eligible impairments.*

All other NDP Trampoline competition rules apply unless stated below

Categories used:-

- Category 1 = Learning Disability
- Category 2 = Physical or Sensory Disability

Each category will be competing separately with the following groups

- Category 1 Male
- Category 1 Female
- Category 2 Male
- Category 2 Female

## ELITE Disability Routine - SET

- 10 Contact Routine to include a minimum of:-
  - 360 Degree Twist
  - Two separate body landings, both with 180 degree twist into or out of the move
  - Moves and shapes CANNOT be repeated

A somersault maybe used to replace each of the body landing requirements.

- Two elements of the set routine will be starred (\*) on the tariff sheet and will count toward difficulty marks. These starred elements cannot be repeated in the voluntary.

## ELITE Disability Routine - Voluntary

- 10 Contact Routine
- Repeated moves will not be credited with tariff
- Minimum Tariff of 3.0 *(if the minimum tariff is not achieved 1.0 marks will be deducted per judge)*
- NO MAXIMUM TARIFF LIMIT

### NDP Disability 2 Routine - Set

- 10 Contact Routine to include a minimum of:-
  - 360 Degree Twist
  - Two separate body landings, both with 180 degree twist into or out of the move

### NDP Disability 2 Routine - Voluntary

- 10 Contact Routine
- Repeated moves will not be credited with tariff
- NO MAXIMUM TARIFF LIMIT
- MINIMUM TARIFF OF 0.8

### Qualification to ELITE Disability routine

- In order to compete at the ELITE Disability competition a minimum set score of 21.60 (*Execution marks only*) must be achieved and a minimum voluntary score of 22.40 must be achieved (includes tariff).

### NDP Disability 1 Routine - Set

- Any 10 Contact Routine
  - Repeated moves will not be permitted

Any repeated move will terminate the routine

### NDP Disability 1 Routine - Voluntary

- 10 Contact Routine
- Repeated moves will not be credited with tariff
- NO MINIMUM TARIFF
- MAXIMUM TARIFF OF 1.0

THERE IS NO QUALIFICATION BETWEEN NDP DISABILITY 1 & 2